

## Experts in herbal pet care

Nothing beats having a healthy, happy dog. We know that because we love dogs as much as you do. For almost 70 years we've been breeding, working and showing dogs, and applying our knowledge of herbal medicine to their health and nutritional needs. We're now in our third generation at Dorwest, where our insights have made us the UK's leading provider of canine and feline herbal treatments – and the only manufacturer of herbal medicines authorised by the Veterinary Medicines Directorate.

In more than 20 countries around the world we're helping dog and cat owners keep their pets healthy and content. They come to us for herbal treatments that work in harmony with their dogs – the young and the old...glossy show dogs and lovable crossbreeds... active, outdoors types and contented, fireside stay-at-homes.

## Dog lovers with pharmaceutical standards



A commitment to medicinal rigour underpins everything we do. We prepare our treatments to pharmaceutical standards using active ingredients taken from the whole plant. No second-stage extracts for us: ours come directly from the leaves, stems, roots and first pressings of oil – and only from herbs that meet our own stringent quality standards. The result is a comprehensive range of herbal veterinary medicines, herbal dietary supplements and homeopathic remedies that help keep your dog or cat's life in balance.

Away from the lab and the white coats, we're typical dog lovers – keen to chat with fellow dog owners and delighted to offer advice on anything from supplements for an active lifestyle to treatments for travel sickness, phobias or ageing joints. We love being part of that great dog-owning community, and feel privileged to be able to share our expertise with fellow dog enthusiasts.



**Dorwest Herbs Ltd,**  
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Dorwest herbal medicines are the only dog and cat herbal medicines to have an accredited licence.  
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Should you require further information on other leaflets in our range or require advice either:

Ask at your local stockist to speak to the Dorwest trained member of staff.

Call Dorwest direct on 01308 897272 to speak to an expert advisor (9am – 4pm Monday to Friday)

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## Nervousness or Anxiety?

Your guide to managing your pet's anxiety



# Nervousness or anxiety?

Anxiety and nervous behaviour in dogs and cats can be due to a number of varied causes, from fear of a specific situation such as travelling, going into kennels or a visit to the vets to a habitual ingrained anxiety. Herbal products are ideal to induce a calm and relaxed demeanour, but some cases will also benefit from the use of behavioural techniques from a qualified animal behaviourist.

- Plan ahead for situations which may be fearful
- Make a plan of action to address the problem and try to stick to it!
- Install confidence and security through positive and consistent behaviour
- Consult a qualified professional for behavioural/training advice if needed

Remember we are not vets and do not diagnose. You should always consult a vet if you are concerned about your pets health.

## “THANK YOU DORWEST”

Max is a rescue dog, after a few weeks we realised that he was afraid of everything, loud noises, thunderstorms, raised voices, TV etc. He refused to walk after dusk, ran away when he saw small dogs or puppies; at home he kept away from us, if we were downstairs he went upstairs and vice versa. The worst thing was that he looked so depressed and unhappy that we started thinking about re-homing him for his own good. Then a colleague mentioned **Scullcap & Valerian Tablets**, so I started giving them to him at the higher dose. After a few doses Max relaxed and started to behave like a normal dog, even started to spend time with us! That was a miracle! We are still using **Scullcap & Valerian Tablets** and Max is on the lowest dose now. He is a different dog, playful, full of life, his depression is gone and he cannot stop wagging his tail.

*Magdalena Szymczak, Hull*

Follow the chart below to find the best Dorwest product for your pet

## Habitual anxiety or nervousness

This may have various causes but with longer term use of our herbal medicines and behavioural techniques, improvement can be achieved with time. Rescued or re-homed dogs may have issues from their previous life and can take some time to adjust and so often benefit from our herbal products as they learn to adapt.

## Age related stress

In old age some dogs can suffer from anxiety that may be due to deterioration of sensory function associated with age, and the feeling of loss of role and function may develop. This may result in disorientation, random barking, inability to settle and general restlessness.



## Scullcap & Valerian Tablets

This licensed veterinary herbal medicine relieves anxiety, helps relaxation and reduces fretful behaviour. Ideal for long term use and can be given indefinitely or for as long as required for a calmer and more relaxed disposition. Give 1 or 2 tablets per 5kgs bodyweight daily depending on the severity of the condition, dividing the total dose into two and give morning and evening.

Active ingredients per tablet: Scullcap, 30mg; Gentian extract 2:1 24mg; Mistletoe extract 3:1 50mg; Valerian extract 5:1 50mg. Not recommended for pregnant or lactating females



## Fear of specific situations

Specific situations such as thunderstorms, travelling, showing, going into kennels or to the vets can cause anxiety. Often the problem is not really nervousness but fear or apprehension of what is expected when a new situation or experience arises. This is often the case with young dogs, but with correct training and the appropriate herbal treatment can be overcome as they mature.



## Valerian Compound

For anxiety in specific “one off” or unexpected situations this liquid, containing three herbal extracts, will work quickly to relax and settle dogs within half an hour of administration. Putting a few drops on the bedding helps to induce a calm state by giving off an aroma which cats in particular find reassuring. May be used in addition to Scullcap & Valerian Tablets in particularly stressful situations.

